

WARM WEATHER FUN



WHAT'S YOUR FAVORITE WAY TO MOVE IN THE WARM SUN?

The sun is shining, it's a good time to move;
There's lots of fun ways to get in your groove.
Run or roll. Hop or hike.
Slide, swim or paddle. Whatever you like.

LOOK + FIND

Can you find these three things? Paddle, life jacket, rope



WHICH OF THESE FUN WAYS TO MOVE HAVE YOU TRIED?



TENNIS



SPRINKLER



TAG



HIKING



CATCH

WARM WEATHER SAFETY

Draw a line from the warm weather activity to the item you'll need to stay safe.

PLAYING HARD AND SWEATING			HELMET
HIKING IN LONG GRASS			LIFE JACKET
PLAYING OUTSIDE IN THE SUN			DRINK WATER
CANOEING OR BOATING			BUG SPRAY FOR TICKS
BIKING OR SKATING			SUNSCREEN

DO IT YOURSELF: POWERUP PLAY MAZE

Design a maze or obstacle course with sticks, jump ropes, pool noodles, string, chairs, toys or anything you have. Make your way through the maze walking backwards, doing the crab walk, kicking a ball or hopping on one foot!

