

SQUISH SQUASH!

Pumpkins make great Jack-o-Lanterns, of course. But there are lots of other members of the squash family that are awesome for eating! Try acorn squash, butternut squash and zucchini. There's even one that cooks up like spaghetti noodles!

Can you write the name of each kind of squash in its shape? Then color them in!

ACORN, BUTTERNUT, PUMPKIN, SPAGHETTI, YELLOW, ZUCCHINI

The darker the squash, the more "carotene" it has. That's the stuff that makes it yellow and orange—and it's good for your eyes!

HINTS!

Y _____

M _____

N _____

C _____

B _____

A _____

