

Is your family better with 'tech' than 'talk'?

Use these Family Mealtime Conversation Starters... to help PowerUp your family connections!

Cut the card below into strips.

Have each family member draw a strip and take turns answering the questions!

What was your favorite part of today?	Who is/was your favorite teacher and why?	If you could trade places with someone you know would you do it?
Who have you learned the most from so far?	Who is your favorite sports team?	If you could play any musical instrument, what would it be and why?
What is your favorite fruit?	What fears do you have?	Who is your best friend, and why?
If you could trade places with your parents for a day, how would you do things differently?	How would your life be different if you overcame that fear?	If you could eat just one food, every day, for a month, and nothing else - what would it be?
If you couldn't watch TV, use your cell phone or go online for a month, how would you spend that time?	If you could choose a new name for yourself, what would it be?	If you could trade places with anyone for a day, who would it be and why?
What is your favorite childhood memory?	What is your favorite family fun time, and why?	If you could change one thing about the world we live in - what would it be and why?
What is your favorite way to be active?	What's important to you?	Who is your hero, and why?
What's your favorite food?	What's not important to you?	What is your favorite family tradition, and why?
What makes you happy?	What do you want to be when you grow up?	What are you most proud of?
If you could have any talent you wanted, what would it be and why?	If you could be the principal of your school for a week, what changes would you make?	If you were stranded on an island and you could only bring 3 things with you - what would you bring?
If you could have any superpower, what would it be and why?	If you could be a famous person for a week, who would you be and why?	What makes a family?
What is the difference between work and play?	If you could go anywhere in the world, where would you go?	If you had \$100 to spend to help people, how would you spend it?
How are work and play the same?	What's your all-time favorite movie?	What is the best meal you've ever eaten?
If you could have one wish, what would it be?	What was your least favorite part of today?	If you could look into a crystal ball and see your future in ten years, what would you want it to look like?
What is your favorite veggie?	What do you want to be when you grow up?	
What is your favorite silly joke?	If you could invent anything, what would it be?	