

# HAVE AN EGG-CELLENT MORNING



Start your family's day with a power-packed veggie scramble. It's quick, easy and extra yummy!

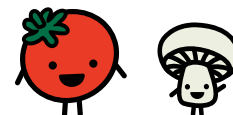
**Step 1:** Crack eggs into a small bowl and add a bit of milk

**Step 2:** Beat with a fork

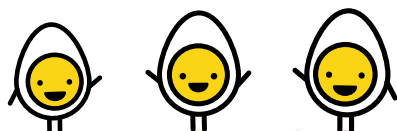
**Step 3:** Heat a small amount of oil in a pan and pour in eggs

**Step 4:** Add a veggie or two and scramble until eggs are firm

**Step 5:** Gobble up and check your favorite scrambles in the chart below



Veggie		Taste test	
Mushroom		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it
Salsa		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it
Onions		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it
Spinach		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it
Pick a veggie:		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it
Pick a veggie:		<input type="checkbox"/> Tried it	<input type="checkbox"/> Liked it



What's an egg's least favorite day of the week?

A: Fry-day